**Barre-Mini**

**Summer Camp**

**DATES: June 12 – 15, 2017**

**TIMES: 8:00 – 9:00 AM**

**AGES: Upcoming 4th to 7th grade students**

**COST: $30 per student (Enrollment limited to 15 students)**

*This class is a great way for your child to channel their energy, get moving, become more flexible, and find a mind-body connection. This class focuses on the same principles as the adult barre classes-- yoga, pilates, and isometric movements. The repetitive movements and choreography can also help improve your child’s ability to pick up material and receive instruction.*

*There are many benefits of the barre method including increased flexibility and range of motion, improved posture, increased balance and coordination, and a positive step toward achieving that mind-body connection.*

*Required dress: athletic clothing and grip-bottom socks. Please bring water!*

 **Please send cash or check payable to Aly Nierman by May 15th**

Limited spaces available so get your registration form in soon!

**Student Information:**

**Child’s name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Child’s Grade Level Fall 2017 (circle one) 4th 5th 6th 7th**

**Parent’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Contact Number(s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Medical Conditions/Allergies \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**If you have any questions, please contact the instructor:**

**Aly Nierman** **alynierman@iwacademy.com** **357-3866**

I hereby waive and release the IWA “Barre-Mini” Camp director and additional staff, and Isle of Wight Academy from any and all liability for any injury my child may sustain while at the IWA “Barre-Mini” Camp.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

IN CASE OF AN EMERGENCY, IF PARENT/GUARDIAN CANNOT BE REACHED, PLEASE CONTACT:

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_PHONE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_