

**IWA LUNCH MENU October 2019**

HOT LUNCH FROM MENU- $3.50

SMALL SALAD- $2.00

(grades K-5 only)

LARGE SALAD- $3.50

HOT DOG- $1.75

HAMBURGER (Tues. Thurs.)$2.25

CHEESEBURGER (Tues.,Thurs.)

$2.50

PEPPERONI PIZZA-$2.00

CHICKEN SANDWICH- $2.25

PLAIN/CHOCOLATE MILK- $0.60

APPLE JUICE- $1.25

SUNNY D ORANGE JUICE- $1.25

NABS, CHIPS, CHEEZ-ITS- $0.50

SWEET ROLLS- $1.00

SMALL WATER- $0.05

LARGE WATER- $0.10

BOTTLED WATER - $1.00

GATORADE- $1.50

GRANOLA BAR - $0.75

APPLE SLICES - $0.50

ORANGE - $1.00

CUP PEANUT BUTTER - $0.50

**Items served every day**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SAT** |
|  | September 30  Ham Biscuits  Peas & Carrots  Mixed Fruit | 1  Chicken Noodle Soup  ½ Cheese Sandwich  Peaches | 2  Corn Dog  Steamed Broccoli  Apple Slices | 3  Hamburger on Bun  Potato Wedges  Pineapple Chunks | 4  Chicken Tenders  Sweet Potatoes  Mandarin Oranges, Roll | 5 |
| 1177 | 7  Hot Dog on Bun  Corn  Sliced Peaches | 8  Macaroni & Cheese  Peas & Carrots  Mandarin Oranges  Roll | 9  Chicken Sandwich  Green Beans  Apple Slices | 10  Spaghetti/ Meatballs  Peas  Pears  Roll | 11  Cheese Pizza  Green Beans  Mixed Fruit | 12 |
|  | 14  Chicken Nuggets  Sweet Potatoes  Pears  Roll | 15  Salisbury Steak  Mashed Potatoes  Apple Slices | 16  BBQ on Bun  Baked Beans  Peaches | 17  Lasagna  Peas  Mixed Fruit  Roll | 18  Grilled Cheese  Sandwich  Corn  Applesauce | 19 |
|  | 21  Meatloaf  Mashed Potatoes  Mandarin Oranges  Roll | 22  Chicken & Dumplings  Green Beans  Pears | 23  Corn Dog  Steamed Broccoli  Pineapple Chunks | 24  Spaghetti/ Meatballs  Peas  Applesauce  Roll | 25  Fish Sticks  Carrots  Hushpuppies | 26 |
| 29 | 28  Hot Dog on Bun  Baked Beans  Peaches | 29  Chicken Tenders  Sweet Potatoes  Pears  Roll | 30  Meatloaf  Mashed Potatoes  Applesauce | 31  Hamburger on Bun  Potato Wedges  Applesauce | November 1  Cheese Pizza  Green Beans  Mixed Fruit |  |